

SECONDARY RESOURCES FOR CCEA 2026



PHYSICAL EDUCATION



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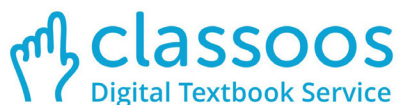


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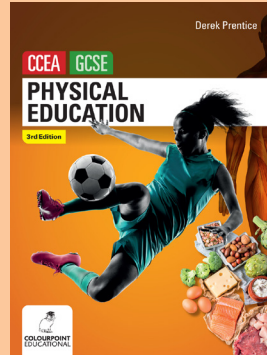
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PHYSICAL EDUCATION RESOURCES FOR CCEA

GCSE
textbook
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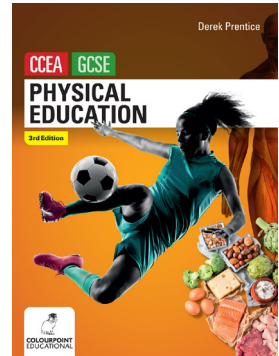


PHYSICAL EDUCATION

FOR CCEA GCSE • 3rd Edition

Derek Prentice

- Third Edition comprehensively updated to cover the **current CCEA specification** for GCSE Physical Education.
- Subject to a rigorous **quality assurance process** by an independent expert in the CCEA specification.
- Addresses **Component 1**: 'Factors Underpinning Health and Performance' and **Component 2**: 'Developing Performance'.
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- Tasks **colour coded** to indicate whether they address Assessment Objective 1, 2 or 3.
- Features a new **Tools** and **Templates** section that provides students with guidance on how to analyse, interpret and evaluate information and performances in given topics and physical activities.



Contents:

Introduction

Component 1: Factors Underpinning Health and Performance

- 1.1 The Body at Work
- 1.2 Health and Lifestyle Decisions
- 1.3 The Active Leisure Industry

Component 2: Developing Performance

- 2.1 Developing Physical Fitness for Performance
- 2.2 Developing Skilled Performance

Sample Audits

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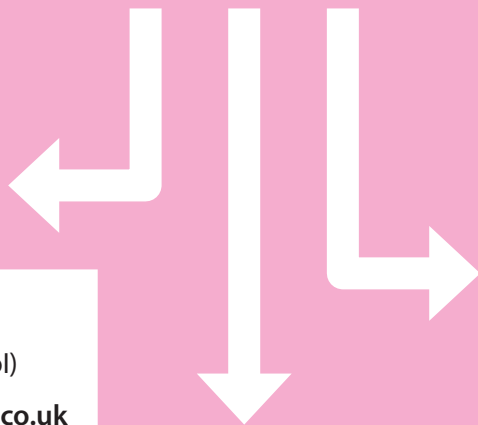
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You can arrange a school visit by calling or emailing our **Marketing Manager, Denise Martin**:

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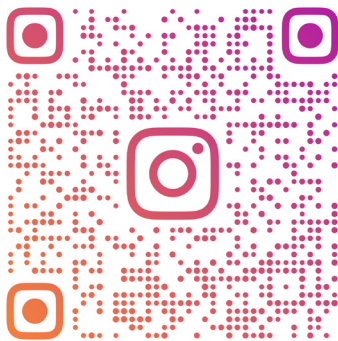


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