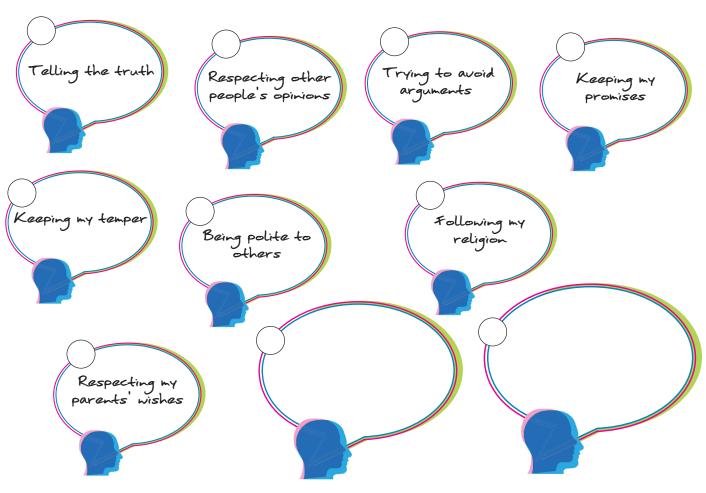
INFLUENCES

YOU AND YOUR VALUES

Here are some examples of values that young people might consider to be important:



In the empty speech bubbles write down some other values that are important to you. Decide which are the most important values and number the speech bubbles 1–10, with 1 being the most important and 10 the least.

How do your values influence your behaviour?		
Where have your values come from?		

PERSONAL HEALTH

STAYING SAFE

KNOW THE RISKS













Questions:

- What are the good points and bad points of each pair of pictures?
- Can you think of any other safety precautions for these situations?

FAMILY LIFE

FAMILIES AROUND THE WORLD

Read each of the stories on pages 46 and 47 of the textbook.

Now answer the following questions in the spaces below:

- 1. How does each of these lives differ to your own?
- 2. What could be some of the reasons for these differences?
- 3. Give examples of how each family shows their identity.
- 4. Is this identity because of where they live, what they believe or something else?

PIETER FROM THE NETHERLANDS SHIVANI FROM NORTHERN IRELAND	NASREEN FROM PAKISTAN	
	PIETER FROM THE NETHERI ANDS	
SHIVANI FROM NORTHERN IRELAND		
	SHIVANI FROM NORTHERN IRELAND	

IT'S NOT FAIR!

AGE DISCRIMINATION

Read the experiences below and discuss the questions with a partner.

"We went out for a family meal. When the waiter came to our table, he asked my mum what me and my sister wanted to eat."

"When I go to
the shopping centre
with my mates, the shop
assistants always stare
at us like we are about to
start stealing things."

"I tried to pay for my sweets but the man in the shop kept ignoring me, then he served some adults instead."

"I knew my granny was ill, but dad wouldn't tell me how serious it was. He closed the door when he was on the phone so I couldn't hear anything."

"My older brothers get asked to do jobs. They make up excuses, like they've got too much homework. Then I have to do everything."

"If there's a problem at home my parents treat me like a baby and won't tell me what's going on."



2. How did it make you feel?

3. What action (if any) did you take?

WORK IN NORTHERN IRELAND

INTERVIEW

Your task is to interview a family member or friend who is an older person, perhaps someone who has retired. Use the questions below and add some questions of your own.

When you have completed your interview, bring your sheet into school and compare your answers with others in your class.

- How do your answers compare?
- Do you and your classmates expect to have the same working experiences as the people you interviewed?
- What do you think might be different?

The person I am interviewing is _____

1. How old are you?	
2. How old were you when you left school?	
3. What did you do when you left school?	
How old were you when you started working?	
5. What was the first job you did?	
6. How long did you stay in this job?	
7. What other jobs have you done?	
8. Have you ever been unemployed? If so, for how long?	
9. Are you retired?	
10. If so, at what age did you retire? If not, when do you think you will retire?	
11.	
12.	

THINKING ABOUT MY CAREER

PLANNING PERSONAL GOALS

Decide on three personal goals for yourself. Work out what targets you need to aim for in order to reach your goals.

What things might stop you from reaching your goal? Try to set targets that will help to avoid this.

MY GOAL (1)
MY TARGETS:
1
2
3
4
5
Things I need to be aware of that might put me off my goal
MY GOAL (2)
MY TARGETS:
1
2
3
4
5
Things I need to be aware of that might put me off my goal
MY GOAL (3)
MY TARGETS:
1
2
3
4
5
Things I need to be aware of that might put me off my goal