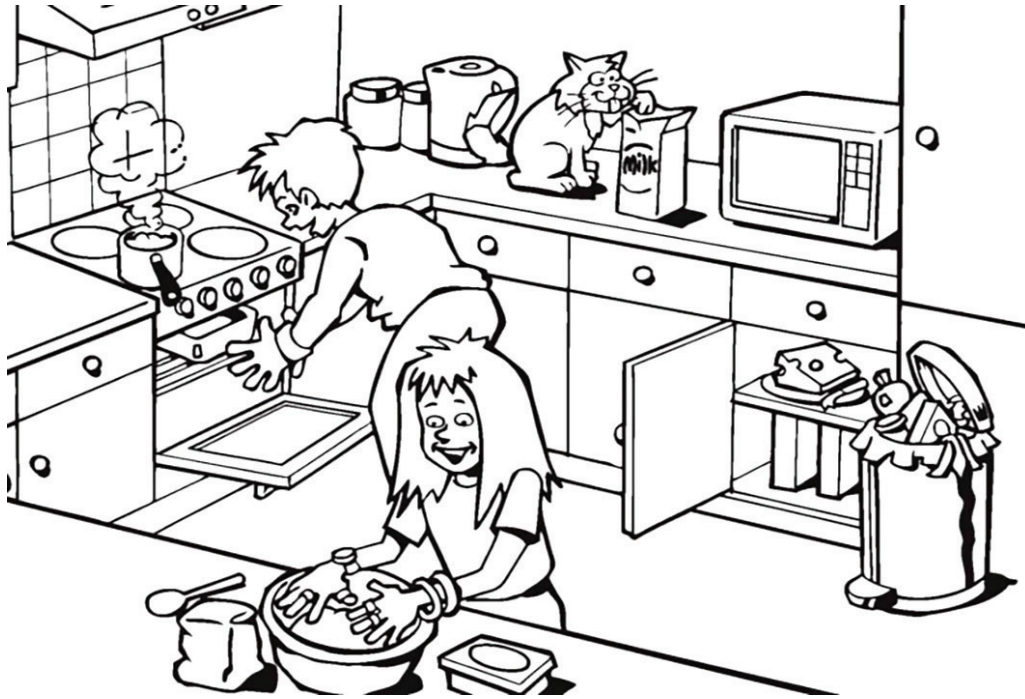


HYGIENE AND SAFETY
KITCHEN HAZARDS

Look at the picture and circle any potential risks and hazards.

Record each hazard in the box below.



Kitchen Hazards

1. _____
2. _____
3. _____
4. _____
5. _____

VEGETARIANISM

TYPES OF VEGETARIAN DIETS

Give a brief outline of the different types of vegetarian diets:

Lacto-ovo-vegetarians:

Lacto-vegetarians:

Vegans:

Unscramble the words below and then match them to the reasons why people may choose to become a vegetarian.

nvniromente

tehalh

locisa

nerspoal

onoemcic

oielgirn

Some people simply do not like the taste of meat. _____

Some religions do not permit their followers to eat meat. _____

Some people chose to become a vegetarian for health reasons because meat is high in saturated fat. _____

Some people believe that meat production pollutes the environment more than crop production. _____

Some people are influenced by their friends and family. If their parents or siblings are vegetarians then they are more likely to become vegetarians too. _____

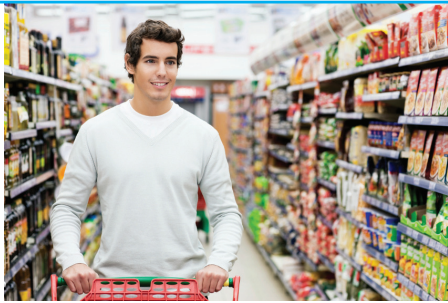
Meat is more expensive than plant-based foods. _____

FACTORS THAT INFLUENCE CONSUMERS CASE STUDIES

CASE STUDY 1



Andrew is 19 and has recently left home to study at university in Newcastle. He is having a party and has purchased some supermarket own-brand pizza to share with his friends.



What factors do you think affected Andrew's choice of pizza? Give reasons to support your answer.

CASE STUDY 2



Catherine is a vegetarian. She is very health conscious and likes to buy local produce. She has recently been diagnosed with coeliac disease.



List three products that you think Catherine would buy. What factors would influence Catherine's product choices the most? Give reasons to support your answer.

MAKING A COMPLAINT RESEARCH ACTIVITY...

Choose three different shops and research their policies on:

- a) refunds
- b) returns

Comment on your findings and recommend any improvements you can think of.



ROLES AND RESPONSIBILITIES STEREOTYPING

Explain what is meant by the term 'stereotyping'. Give examples.

How do these stereotypes make you feel?

Explain what is meant by the term 'role reversal'. Give examples.

Explain what is meant by the term 'shared roles'. Give three examples of shared roles within families.

Why do you think it is important for parents or guardians to set a good example?

CHANGING NEEDS OF FAMILY MEMBERS

FULFILLING BASIC NEEDS

Consider the consequences of not fulfilling each of your basic needs. For example, if your emotional needs were not met, how would this affect you? Try to list as many examples as possible.

Physical needs

_____	_____
_____	_____
_____	_____
_____	_____

Intellectual needs

_____	_____
_____	_____
_____	_____
_____	_____

Emotional needs

_____	_____
_____	_____
_____	_____
_____	_____

Social needs

_____	_____
_____	_____
_____	_____
_____	_____